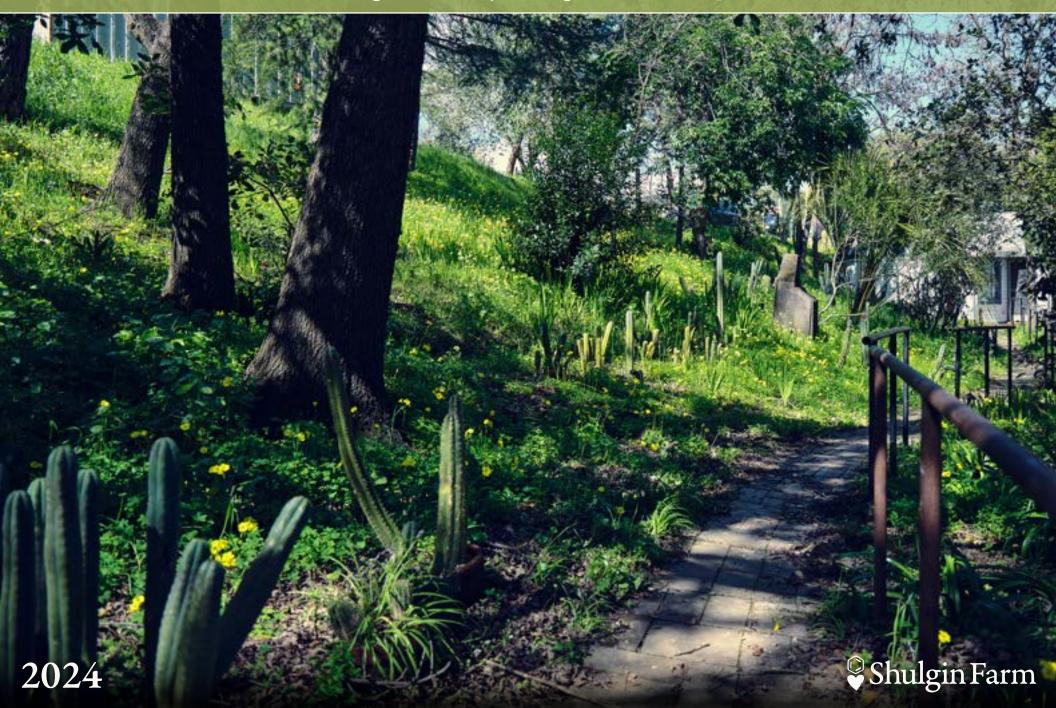
## Shulgin Farm Bulletin

Growing community through science and spirit



## Letter from Wendy Tucker Shulgin Farm Board Chair



Dear Friends and Supporters,

As we enter 2025, I'm filled with gratitude for the remarkable progress we've made at Shulgin Farm. As Ann's daughter, I witnessed firsthand how this place served as both a pioneering research facility and a vibrant gathering space for the psychedelic community. Now, as psychedelic medicine gains cultural and scientific acceptance, the Farm's role as a bridge between historical wisdom and future innovation becomes increasingly vital.

This year marks a pivotal moment with the launch of our \$3.5 million Seed Crystal Campaign. While the Farm is indeed historic—the birthplace of over 200 compounds including MDMA—our emergent vision extends far beyond preservation. In partnership with a trusted cohort of advisors, we're reinvigorating the farm as a dynamic center for education and community, where the Shulgins' legacy of rigorous science and compassionate healing can guide the next generation of researchers, practitioners, and advocates.

Our plans include upgrading facilities to house a comprehensive archive, creating spaces for learning and reflection through science and the arts, and establishing programs that honor the Farm's unique heritage by meeting the evolving needs of the community in a time of great change and uncertainty. This transformation is supported by a dedicated team, including many of Sasha and Ann's longtime colleagues, but its success depends on our broader community joining in now.

The Farm has always been more than a laboratory—it is a place where curiosity, love, and dedication to discovery flourish. With your support as a Seed Crystal Steward, we can ensure it continues to serve as a living connection between psychedelic history and the promising developments of tomorrow.

In Sasha and Ann's memory: thank you for being part of our journey.

Shulgin Farm Board Chair Daughter of Ann Shulgin

Wendy Tucker

## Shulgin Farm Overview

#### Mission

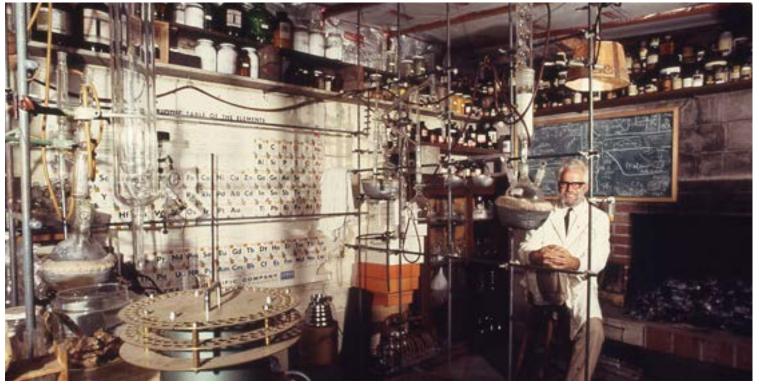
To honor the Shulgins' legacy by maintaining their historic farm as a nexus for psychedelic education and culture, and fostering a vibrant community dedicated to inquiry, healing, and expanded consciousness.

#### Vision

We aim to create a global community dedicated to scientific, therapeutic, and spiritual insight.

#### **Values**

Integrity
Curiosity
Community
Inclusivity
Education
Authenticity
Empathy
Science



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## The Programs We're Building

#### Stewardship & Preservation

#### Preserving & Developing the Farm

Shulgin Farm maintains the historic property where Sasha Shulgin created hundreds of psychedelic compounds in his unique laboratory. This irreplaceable site represents crucial psychedelic history and must be preserved for future generations exploring psychedelic medicine. The property serves as a gathering space connecting emerging practitioners with experienced elders, fostering community through events and volunteer programs. Part of this stewardship has included a community-building workday with over 70 participants and a growing list of interested volunteers.

#### Archiving Project in collaboration with Erowid Center

In collaboration with Erowid Center, the Shulgin Farm has undertaken an archiving project to digitize the personal papers, photographs, recordings, and libraries of Alexander and Ann Shulgin. Providing digital access to this treasure trove will further psychedelic science that is inseparable from deep community care and the freedom to explore our own minds, straight from the research and writings of two history makers who should not be forgotten.

#### Education

#### Field Trips

Shulgin Farm offers educational institutions like Stanford d.school an opportunity to educate the next generation of leaders about the roots of psychedelic science. Field trips encompass a tour of Sasha's historic laboratory—home to the invention of hundreds of novel compounds—along with a primer on Ann and Sasha Shulgin.

#### Workshops, Lectures, & Screenings

Through our vast network of psychedelic scientists and therapeutic practitioners, we offer workshops onsite for students curious about subjects like chemical synthesis and psychedelic cacti, groundbreaking conversations in the field of psychedelic therapy, and screenings that educate intersecting communities about the psychedelic explorers of the past and the changemakers of today who are building upon their visions.

#### Community

#### Legacy Events

As part of a longstanding Shulgin tradition, Shulgin Farm continues to host the Easter and 4th of July events which have been stirring conversations between psychedelic researchers, practitioners, seekers, and cutting edge thinkers for over four decades. At these events, curious minds with differing opinions and disciplines gather around a shared interest in psychedelics.

#### Community Partnerships

We partner with values-aligned organizations who are passionate about psychedelic chemistry and education, harm reduction, psychedelic spirituality, and equal access to healing, for events ranging from somatic workshops to mass meditations, ecstatic celebration, and chemistry education.



# Sasha and Ann Shulgin's Contributions to the Psychedelic Movement



Alexander "Sasha" and Ann Shulgin transformed our understanding of psychedelic compounds and their potential for healing. As a pioneering chemist, Sasha synthesized over 200 psychoactive compounds in his modest lab at their Lafayette farm, including his groundbreaking work with MDMA. Ann, a visionary lay therapist, helped develop frameworks for the therapeutic application of these substances, leading to breakthroughs in mental health treatment that continue to influence clinical research today.

Together, through their books, *PiHKAL: A Chemical Love Story* and *TiHKAL: The Continuation*, and their decades of meticulous documentation, the Shulgins created an unprecedented bridge between rigorous science and profound human experience. Their farm became more than a laboratory – it emerged as a gathering place where researchers, therapists, and seekers could explore the intersection of chemistry, consciousness, and healing.

"Psychedelic drugs don't change you - they don't change your character - unless you want to be changed. They enable change; they can't impose it."

- Sasha Shulgin

Today, as psychedelic medicine gains legitimacy and new applications emerge, the Shulgins' commitment to careful research, therapeutic wisdom, and community building is more relevant than ever. Shulgin Farm stands as both a historic site where many of these discoveries were first made and a living laboratory where their approach to scientific inquiry and human transformation can guide the next generation. By preserving and enhancing this unique place, we create a permanent home for their extensive archives while fostering the kind of thoughtful, community-centered psychedelic research and education that defined their life's work.

"The nature of these compounds, when used wisely and cautiously, is to show us who we are, who we might become."

- Ann Shulgin

## Recent Events at the Shulgin Farm



On June 1, 2024, the Shulgin Farm hosted the non-profit Zendo Project for a successful fundraiser. The Zendo Project (zendoproject. org) offers professional harm reduction education to communities and organizations, and provides peer support services at events to help transform difficult psychedelic experiences—and other complex emotions—into opportunities for learning and growth.

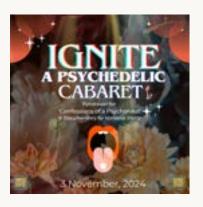
"The friendships and opportunities that have arisen from this collaboration are a testament to the community legacy that surrounds the Shulgins' work, and we are honored to be part of this unique and evolving movement on the farm."

- Chelsea Rose Pires, MA, LMFT Executive Director of the Zendo Project



"Deva Collective recently held our first fundraising event at the Shulgin Farm in Lafayette, CA, on October 5," said Melissa Whippo, LCSW, founder of Deva Collective. "When thinking about where to hold our first event, I wanted to establish a strong feeling of community and partnership, as these values are essential to Deva Collective's mission of expanding research for the underserved population of Women's Health."

Melissa continued: "In a time marked by people fighting to 'own' aspects of sacred medicine, what better way to honor the values of Deva Collective, such as sharing, increased access, strengthening community, and sacred reciprocity than to join together with the Shulgin Farm? The people who attended the event marveled at catching a glimpse of the Shulgins' work when they toured the infamous lab or peeked into the house that is like a museum and homage to Sasha and Ann."



On November 3, 2024, we hosted **IGNITE: A Psychedelic Cabaret**, a fundraiser for "Confessions of a Psychonaut," a forthcoming documentary by Mareesa Stertz that brings light and levity to the path of psychedelic healing.

Attendees were immersed in a kaleidoscopic world of music, art, and ritual theater as visionary performers, musicians, and clowns cracked open our hearts and softened our minds. Through connection, play, and shared experience, we celebrated the stories that ignite and embolden the power within.

#### Recent Media

#### In the News



**Lucid News: Barn Raising For Shulgin Farm**August 23, 2024
By Charles Lighthouse



Vox: MDMA's 40-Year Fight for Medical Approval Continues August 13, 2024 By Haleema Shah



Reality Sandwich: Seed Crystal Campaign: Preserving the Legacy of Shulgin Farm June 24, 2024 By Reality Sandwich



Psychedelics.com: Shulgin Farm Launches Campaign to Preserve Psychedelics History May 2, 2024 By Jason Najum



Psychedelics Today: Reflections from Shulgin Farm: Psychedelics, Legacy, and the Spirit of Discovery March 22, 2024 Interview with Wendy Tucker

Psychedelics Today: Traversing the Psychedelic Landscape: From Esalen and Millbrook to the Future of Shulgin Farm March 26, 2024 Interview with Maria Mangini, PhD, FNP



Tricycle Day: Psychonaut POV
- Q&A with Wendy Tucker
June 9, 024
By Henry Winslow

### How You Can Help

The psychedelic movement stands at a critical juncture: as clinical trials advance and medical applications expand, we need spaces where scientific rigor meets human wisdom, where research findings transform into therapeutic frameworks, and where diverse communities share knowledge across generations. The field requires permanent centers where practitioners can develop best practices, researchers can access historical data, and the growing psychedelic community can maintain its connection to founding principles.

Without dedicated spaces like Shulgin Farm for education and community building, we risk fragmenting into isolated specialties—clinical practitioners disconnected from researchers, therapists separated from policy advocates, newcomers unable to learn from experienced mentors. The field needs physical gathering places where cross-pollination can occur, therapeutic protocols can be refined, and the balance between scientific advancement and human-centered care can be maintained.

As this work moves mainstream, we must create enduring institutional foundations—places where the next generation can learn not just the "what" of psychedelic science, but the "how" and "why" that make this work transformative.

The Seed Crystal Campaign aims to raise \$3.5 million to transform Shulgin Farm into a center for psychedelic research, education, and community engagement. Today, in Sasha and Ann's memory, we hope you will consider joining our community of Seed Crystal Stewards—

becoming a part of the beautiful crystal lattices that provide scaffolding for the Shulgins' work to grow. The farm now sits at a critical inflection point: be sold off, or be secured as a foundation to nourish the evolving psychedelic ecosystem. By becoming a Seed Crystal Steward this year, you are playing a significant role in continuing the psychedelic revolution that Sasha and Ann helped to catalyze.

#### Funds raised will enable:

- Purchase of the six-acre property from the Shulgin Family Trust, establishing it as the home of Shulgin Foundation
- Essential facility upgrades and improvements to make the farm a safe and accessible space for continuous and vibrant events
- Strategic planning to further develop our vision and programs
- Financial resiliency for deepened partnership and impact

It is easy to contribute by Donor Advised Fund, check, wire, cryptocurrency, your estate plan, and other pathways.

Please contact info@shulginfoundation.org to make your fully tax-deductible gift today.



Shulgin Farm proudly holds Guidestar's Gold Seal of Transparency, reflecting our dedication to ethical financial management.

## We give our deepest thanks to our growing community of Seed Crystal Stewards, including:



**Amy Emerson** 

Former CEO at Lykos Therapeutics and Independent Advisor for Psychedelic Research

"Supporting the Shulgin Farm as a Seed Crystal Donor is about nurturing a legacy of curiosity, exploration, and knowledge. Ann and Sasha shared their time, knowledge, and spirit with such generosity, creating a community grounded in curiosity, respect, and shared purpose—values that have profoundly shaped my journey. The Farm is more than a place; it's a living, breathing tribute to their legacy, meant to inspire new generations and remind us of the values we must continue to cultivate. I'll never tire of wandering into the lab and feeling that magic, and I want others to experience it too."



Dr. Gül Dölen

Psychedelic Researcher

"As a scientist, I am drawn to the Shulgin Farm, and Sasha's laboratory in particular, as an important heritage site for psychedelic research. Also, I can't help but feel that Ann and Sasha's home is sort of a sorcerer's cabin tucked away amongst the trees—if science is magic that works, then the Shulgin Farm is its workshop and factory."



**Graham Pechenik** 

Patent Attorney, Founder of Calyx Law, and Board Member of the Psychedelic Bar Association

"Nearly everything in the space radiates outward from the Farm—not just the hundreds of psychedelic compounds Sasha created, but the ideas, the values, and the whole community itself. The Farm is truly (to use a favorite word of Sasha's) a treasure."

